

Benefits of Physical Therapy for Patients with Parkinson's Disease

Parkinson's disease is the second most common degenerative brain disorder affecting adults. People with PD are at risk of falling and sustaining other injuries due to their movement and balance challenges. Research continues to show the benefits of physical therapy for this condition.

Treatment includes a combination of medication and physical therapy, even surgery in some cases. Physical therapists work alongside people with PD and their families to manage their symptoms, maintain their fitness levels, and help them stay as active as possible.

WESTARM Physical Therapy has developed a specialized program for patients with Parkinson's disease and this advanced care has led us to meet each patient's individual needs.

Since PD affects each person differently, your WESTARM physical therapist will partner with you to manage your specific situation—now and as your condition changes. You are not alone!



HAPPY HALLOWEEN!

OCTOBER IS NATIONAL
PHYSICAL THERAPY MONTH

Did You Know?

During World War I, the army utilized nurses tasked with rehabilitating wounded soldiers through occupational and physical therapy. They were known as "reconstruction aides."

Employee Spotlight

Linda Gartley, MA / CCC / SLP has worked with us for over 10 years at our Lower Burrell facility as a Speech Language Pathologist. Linda resides in Lower Burrell and has two adult children.



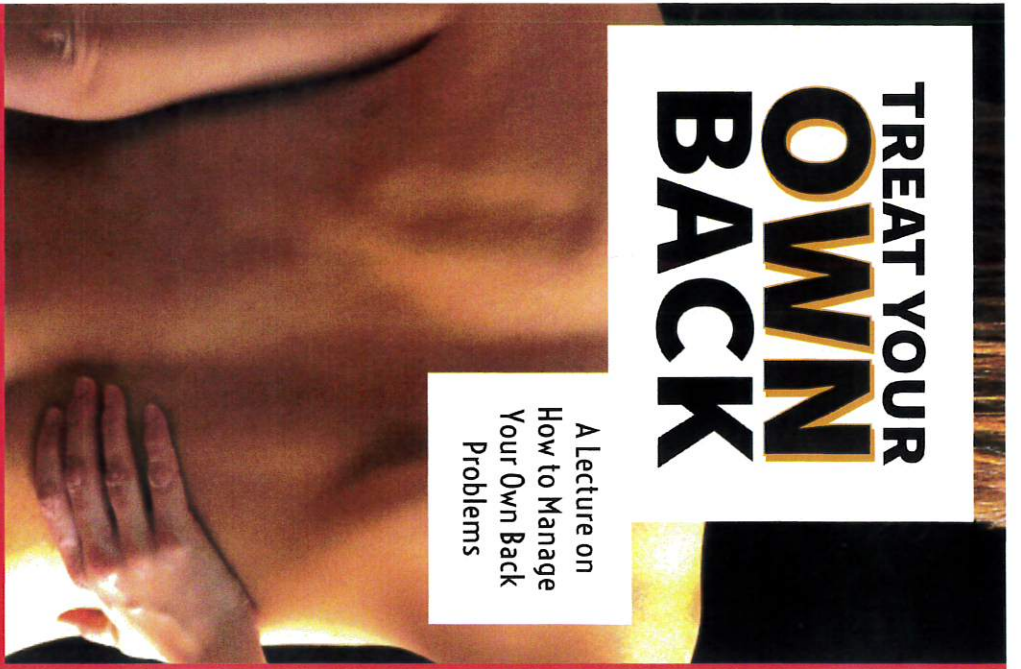
My favorite travel destination:
Marco Island, Florida

My favorite things to do outside of work:
Go to Jazzercise, read murder mystery novels, go to girls night out with friends, swim in my pool with my German Shepherd, Izzy, and binge watch tv shows.

On my bucket list:
To visit Hawaii

TREAT YOUR OWN BACK

A Lecture on
How to Manage
Your Own Back
Problems



Luke Ladouceur, MSPT, will share his specialized knowledge of the McKenzie & MDT System as well as answer any questions.

WESTARM
PHYSICAL THERAPY
& HOMECARE

November
13th
6:00 PM

111 Sherman
Avenue
Vandergrift,
PA 15690

Call
724-337-6522
To Register



HOMECARE NURSING & THERAPY
WESTARM

2757 Leechburg Road
Lower Burrell, PA 15068

WESTARMhomecare.com

SERVICES OFFERED:

- Physical Therapy
- Occupational Therapy
- Speech Therapy
- Medical Social Work
- Skilled Nursing

Call us today:
724-337-0420