

Spring 2015

# VITAL NEWS

HEMOCARE NURSING & THERAPY  
**WESTARM**



Welcome Joel Poskin, RN to our nursing staff to service our home care patients throughout the Alle-Kiski Valley. He has more than 10 years of experience in this profession and has worked as a visiting nurse with four years of case management experience delivering skilled home health care. He currently resides in Natrona Heights with his family.

Don't forget to recognize these spring dates:

**April** – National Occupational Therapy Month

**May 6-12** – National Nurses Week

**May 10-16** – National Nursing Home Week  
and National Hospital Week

**Many thanks to these healthcare providers  
for all that they do!**

## Join us in celebrating National Nurses Week

National Nurses Week begins each year on May 6<sup>th</sup> and ends on May 12<sup>th</sup>, Florence Nightingale's birthday. These permanent dates enhance planning and position National Nurses Week as an established recognition event.

### A Brief History of National Nurses Week:

**1953** – Dorothy Sutherland of the U. S. Department of Health, Education, and Welfare sent a proposal to President Eisenhower to proclaim a "Nurse Day" in October of the following year. The proclamation was never made.

**1954** – "National Nurse Week" was observed from October 11 – 16. The year of the observance marked the 100<sup>th</sup> anniversary of Florence Nightingale's mission to Crimea.

**1974** – In January of that year, the International Council of Nurses (ICN) proclaimed that May 12 would be "International Nurse Day". (May 12 is the birthday of Florence Nightingale.) Since 1965, the ICN has celebrated "International Nurse Day".

**1974** – In February of that year, a week was designated by the White House as "National Nurse Week", and President Nixon issued a proclamation.

**1982** – In February, the ANA Board of Directors formally acknowledged May 6, 1982 as "National Nurses Day". The action affirmed a joint resolution of the United States Congress designating May 6 as "National Recognition Day for Nurses".

**1982** – President Ronald Reagan signed a proclamation on March 25 proclaiming "National Recognition Day for Nurse" to be May 6, 1982.

**1990** – The ANA Board of Directors expanded the recognition of nurses to a week-long celebration, declaring May 6-12, 1991 as "National Nurses Week".

**1993** – The ANA Board of Directors designated May 6-12 as permanent dates to observe "National Nurses Week" in 1994 and in all subsequent years.

**1996** – The ANA initiated "National RN Recognition Day" on May 6, 1996, to honor the nation's indispensable registered nurses for their tireless commitment 365 days a year.

### WESTARM Homecare Nursing & Therapy

2757 Leechburg Road, Lower Burrell, PA 15068  
Phone: 724-337-0420 Fax: 724-337-0630  
[www.westarmhomecare.com](http://www.westarmhomecare.com)

### ARE YOU CONSIDERING A TOTAL JOINT REPLACEMENT OF YOUR HIP OR KNEE?

Join us at our Leechburg facility on Tuesday, May 5 at 6:00 pm for a free lecture to learn how to *prepare prior* to your surgery and what to expect *post-operatively*. Call 724-337-6522 for more information or to register.

~ Serving all of the Allegheny-Kiski Valley. Please see reverse for zip codes in our service area ~

# HOMECARE COVERAGE AREA

## By Counties and Zip Codes



### ALLEGHENY COUNTY

- 15006 Bairdford
- 15014 Brackenridge
- 15024 Cheswick
- 15030 Creighton
- 15032 Curtistville
- 15049 Harwick
- 15051 Indianola
- 15065 Natrona Heights
- 15075 Rural Ridge
- 15076 Russellton
- 15084 Tarentum
- 15139 Oakmont
- 15144 Springdale
- 15147 Verona
- 15239 Plum

### ARMSTRONG COUNTY

- 15656 Leechburg, Allegheny Township
- 15673 North Apollo, Oklahoma Borough
- 15682 Schenley
- 15686 Spring Church
- 16201 Kittanning
- 16212 Cadogan
- 16226 Ford City
- 16228 Ford Cliff
- 16229 Freeport
- 16236 McGrann
- 16238 Manorville
- 16262 Worthington

### BUTLER COUNTY

- 16023 Cabot
- 16055 Sarver
- 16056 Saxonburg

### INDIANA COUNTY

- 15681 Saltsburg
- 15783 West Lebanon

### WESTMORELAND COUNTY

- 15068 New Kensington, Lower Burrell, Arnold
- 15613 Apollo
- 15618 Avonmore
- 15629 East Vandergrift
- 15632 Export
- 15641 Hyde Park
- 15656 Leechburg, Allegheny Township
- 15668 Murrysville
- 15680 Salina
- 15684 Slickville
- 15690 Vandergrift, Parks Bend

 **WESTARM Physical Therapy**  
outpatient facility

**HOMECARE NURSING & THERAPY**

**WESTARM**

**724-337-0420**